

**FRANK W. FORGNONI, OD,**  
**Holistic Optometrist**  
**FCSO, FCOVD - *Emeritus***  
***Lieutenant Colonel, US Army Reserves***

**EDUCATION:** Pennsylvania College of Optometry (PCO): Philadelphia, PA  
'92 - '96: B.S. in Visual Sciences Awarded '93,  
O.D. - DOCTOR of OPTOMETRY: Awarded '96  
Gold Key International Optometric Honor Society  
Certified by the National Board of Examiners in Optometry  
Certified in Treatment and Management of Ocular Disease  
Fellow, Coll. of Optometrists in Vision Development,  
FCOVD '04; Emeritus 2018  
Fellow, Coll. of Syntonic Optometry, FCSO '01  
Rutgers University/Rutgers College: New Brunswick, NJ  
'90 - '92; Biology Major. Economics Minor.  
Early Acceptance to Optometry School  
Philadelphia Coll. of Pharmacy and Science: Philadelphia, PA  
'89 - '90; Pharmacy Major;  
National Honor Society Scholarship  
Saint Augustine Preparatory School: Richland, NJ  
'89; Senior Math and Science Awards  
New Jersey Distinguished Scholar

**HIGHLIGHTS:**

- Entrepreneur and business savvy: Private Practice, Solo Owner for 17 years with 2 offices, started each from scratch: 1 in Delaware, 1 in South Carolina, successfully sold both.
- Subject Matter Optometry Vision Expert with 2 Fellowships in advanced Vision Training. (1 Emeritus Status) Nationally recognized Superior Professional Attainment. Optometry continuing education lecturer and author.
- Over 100,000 direct patient vision encounters, including nearly 10,000 Vision Therapy Patients, and 2,000 Surgical patients: Ophthalmic Referrals and/or co-management, including patients with cataracts, glaucoma, retinal conditions, corneal conditions and other ophthalmic diseases.

- Engaging Army Reserve Officer, Lieutenant Colonel, with skills in leadership development, operational control and strategic planning at the Division Level
- Dynamic Author and Lecturer, including presentations at Optometry Continuing Education in National Conferences with International Attendees.

**Selected WORK AFFILIATIONS:**

**ENDEARING ENDEAVORS,** Founder / Owner / Optometrist

Online: E-books & E-business focusing on:  
Healthy Eyesight, Vision Therapy & Holistic Vision  
Jan. 18, 2024 - Current

**US ARMY RESERVES,** Part-time Optometrist / Consultant; May 27, 2009 – current.

Serving in various locations, currently near Atlanta, GA.  
Multiple clinical and administrative responsibilities

**INNOVATIVE VISION CENTER,**

Private Practice Owner: Pendleton, SC: Apr. '06 – Dec. '16

Full-time Optometrist; (50 hours per week), Clinician with substantial professional and/or administrative responsibilities.

LLC Maintained after sale of practice: Optometrist / Consultant / Admin. Dec. '16 – current, Part-time (4 hours per month)

Examination and treatment of Traumatic Brain Injured Soldiers

**INTEGRATIVE VISION CENTER,** Mar. '98 – Feb. '05

Private Practice Owner: Newark & Hockessin, DE

Full-time Optometrist (60 hours per week), Clinician with substantial professional and/or administrative responsibilities

## **PRESENTATIONS:**

TOPICS include: Vision and Learning, Computer Vision Syndrome, Vision Problems and Juvenile Delinquency, Neuro-Optometric Rehabilitation, Practice Management, Identification and Intervention of “Broken Heart Syndrome”, Selected Tumors of the Uvea, Cystoid Macular Edema Following Cataract Surgery, Iron Deficiency Anemia, and Improving Functional Outcomes with Vision Therapy

## **PUBLICATIONS:**

2 publications in Journal of Optometric Phototherapy '01

3 publications in Croissant Transcripts '97, '99, '00,  
Optometric Extension Program Foundation.

Author of *Computer Vision Syndrome Growing:*

New Castle Business Ledger - Sept. '98 issue.

Co-author of *Protecting Vision in Lyme Disease*

Optometry Today - Oct. '97 issue.

Contributing author in Optometric Economics -Fall '97 issue

## **MEMBERSHIPS:**

College of Optometrists in Vision Development:

Fellow (FCOVD: '04; Emeritus 2019 - Current);

Associate: '96 – '04, DE State Coordinator: '99 – '05

College of Syntonic Optometry: Fellow (FCSO: '01 – Current);

Trustee ('01-'02) & Treasurer, ('02 – '04): Responsibility for  
US-based group with International members

American Optometric Association Member: '92 – 2017:

25 Years Membership Award

South Carolina Optometric Physicians Association: '06 – '17

**SPECIAL  
ACTIVITIES &  
AWARDS:**

**US ARMY RESERVES:**

Promoted to LIEUTENANT COLONEL, 2021 – current  
Promoted to MAJOR, 2016  
Direct Commission as CAPTAIN, 2009

2 Army Commendation Medals  
2 Army Achievement Medals  
Military Outstanding Volunteer Service Award

**National Board of Examiners in Optometry**

Clinical Examiner '00 - '01

**Special Olympics Vision Team Volunteer:** '01 - '04

**Pennsylvania College of Optometry Externship Preceptor:**

Summer '03

**Pennsylvania College of Optometry Legislative Intern:** summer  
'93: American Optometric Assoc. Washington, DC office

**EAGLE SCOUT,** '89: Boy Scouts of America

Bronze Palm recipient,  
Congressional Award of Merit

Revised: August 27, 2024